

# INSIDE project



Erasmus+



## Innovative Curriculum for Strong Identities in Diverse Europe

*An Erasmus+ project at the interface between research and teaching dealing with identity-related issues in adolescents and young adults from diverse Europe.*



MYKOLAS ROMERIS  
UNIVERSITY

université  
de **BORDEAUX**



kaunas  
university of  
technology

1922



TOLERANT  
YOUTH  
ASSOCIATION



ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA



UNIVERSITATEA  
BABEȘ-BOLYAI



Uniwersytet  
Kardynała Stefana Wyszyńskiego  
w Warszawie

# Innovative Curriculum for Strong Identities in Diverse Europe



The project is implemented by Mykolas Romeris University (coordinator, Lithuania), University of Bologna (Italy), Babeş-Bolyai University (Romania), University of Bordeaux (France), Cardinal Wyszyński University in Warsaw (Poland), Tolerant Youth Association (Lithuania) and Kaunas University of Technology (Lithuania).

## » GENERAL AIM

To build the capacity of university students, teachers, researchers and youth workers to carry out identity-related applied and research work with youth in order to facilitate optimal identity development among diverse groups of young people in Europe. The project applies interdisciplinary, transnational and trans-sectoral approach and seeks to integrate research, teaching and innovative practical work with youth.

## » THREE SPECIFIC OBJECTIVES

#1

**Course curriculum “Strong Identities in Diverse Europe” (SIDE).** This interdisciplinary curriculum on optimal youth identity development in adolescents and young adults is developed and tested in intensive program; it could be incorporated into the study programs of other universities.

#2

**Compendium of scientific articles on identity-related research and applied work with youth in two special issues/ sections:**

- Journal of Youth and Adolescence, 2018, 47(4), section “Developing identities: Individual and social resources”
- European Psychologist, 2018, 23(4), issue “The multifaceted nature of identity: Toward integrative perspectives on processes, pathways, and contexts”

#3

**Open educational resource “Evidence-based tools to facilitate optimal identity development in youth” (I-TOOLS).** An educational e-platform to increase youth workers, non-formal educators, students, teachers and policy makers access to professional knowledge and evidence-based tools for facilitating optimal identity development in youth.



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More information online:  
<http://inside.mruni.eu>