

# SYLLABUS

## Professional and Research practice (preparing the final thesis)

University year 2025-2026

### 1. Information regarding the programme

1.1. Higher education institution	Universitatea Babeş-Bolyai din Cluj Napoca
1.2. Faculty	Faculty of Psychology and Educational Sciences
1.3. Department	Department of Psychology
1.4. Field of study	Psychology
1.5. Study cycle	License
1.6. Study programme/Qualification	Psychology - Cognitive Sciences/ Bachelor in Psychology
1.7. Form of education	Învățământ cu frecvență

### 2. Information regarding the discipline

2.1. Name of the discipline	<b>Professional and Research practice (preparing the final thesis)</b>				Discipline code	<b>PLE1641</b>	
2.2. Course coordinator	Lect. dr. Cătălina Oțoiu						
2.3. Seminar coordinator	Lect. dr. Cătălina Oțoiu						
2.4. Year of study	3	2.5. Semester	6	2.6. Type of evaluation	C	2.7. Discipline regime	DS

### 3. Total estimated time (hours/semester of didactic activities)

3.1. Hours per week	<b>5</b>	of which: 3.2 course	-	3.3 seminar/laboratory	<b>5</b>
3.4. Total hours in the curriculum	60	of which: 3.5 course	-	3.6 seminar/laborator	<b>60</b>
<b>Time allotment for individual study (ID) and self-study activities (SA)</b>					<b>hours</b>
3.5.1. Learning using manual, course support, bibliography, course notes (SA)					
3.5.2. Additional documentation (in libraries, on electronic platforms, field documentation)					
3.5.3. Preparation for seminars/labs, homework, papers, portfolios and essays	13				
3.5.4. Tutorship					
3.5.5. Evaluations	2				
3.5.6. Other activities:					
<b>3.7. Total individual study hours</b>	<b>15</b>				
<b>3.8. Total hours per semester</b>	<b>75</b>				
<b>3.9. Number of ECTS credits</b>	<b>3</b>				

### 4. Prerequisites (if necessary)

4.1. curriculum	<ul style="list-style-type: none"> <li>- Introduction to Psychology</li> <li>- Experimental Psychology and Data Analysis</li> <li>- Clinical Psychology and Psychotherapy</li> <li>- Work and Organizational Psychology</li> <li>- School Psychology</li> </ul>
4.2. competencies	Not required

### 5. Conditions (if necessary)

5.1. for the course	-
5.2. for the seminar /lab activities	<ul style="list-style-type: none"> <li>- Access to bibliographic resources (e.g., subscription to the "Lucian Blaga" Central Library, institutional access to Enformation.ro)</li> <li>- Access to Microsoft Teams</li> <li>- A classroom with at least 200 seats, a video projector, and a computer with</li> </ul>

	internet connection

## 6. Specific competencies acquired <sup>1</sup>

<b>Professional/essential competencies</b>	<ul style="list-style-type: none"> <li>- Develops prerequisites for the formation of psychologist competences</li> <li>- Conceptualizes a psychological problem using general and specific conceptualization models</li> <li>- Acquires skills for conducting fundamental and applied psychological research</li> <li>- Identifies ways to apply theory in psychological practice</li> <li>- Designs a research study</li> </ul>
<b>Transversal competencies</b>	<ul style="list-style-type: none"> <li>- Time management</li> <li>- Verbal and written communication and presentation skills</li> <li>- Teamwork</li> <li>- Reflection on one's own learning</li> </ul>

## 7. Objectives of the discipline (outcome of the acquired competencies)

<b>7.1 General objective of the discipline</b>	<ul style="list-style-type: none"> <li>• Understanding and applying fundamental and applied psychological research approaches by practicing research skills based on the theoretical knowledge acquired during previous years of study.</li> </ul>
<b>7.2 Specific objective of the discipline</b>	<ul style="list-style-type: none"> <li>• Understanding the applied domains of psychology</li> <li>• Acquiring basic procedural knowledge for practice in clinical, organizational, and school psychology, as well as related fields</li> <li>• Acquiring basic procedural knowledge for research in clinical, organizational, and school psychology, and related fields</li> <li>• Using the knowledge and skills gained over three years of study to complete the bachelor's thesis</li> </ul>

## 8. Content

8.1 Course	Teaching methods	Remarks
8.2 Seminar / laboratory	Teaching methods	Remarks
Discussion of activities related to preparing the bachelor's thesis; presentation of the practice portfolio contents	Interactive lecture	
Carrying out activities related to the bachelor's thesis under the supervision of the thesis advisor	analysis and synthesis of bibliographic materials.	

<sup>1</sup> One can choose either competences or learning outcomes, or both. If only one option is chosen, the row related to the other option will be deleted, and the kept one will be numbered 6.

Carrying out activities related to the bachelor's thesis under the supervision of the thesis advisor	analysis and synthesis of bibliographic materials.	
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Collection of internship portfolios		
References: - Coolican, H. (2024). Research Methods and Statistics in Psychology (8th ed.). Routledge. - Howitt, D., & Cramer, D. (2024). Research Methods in Psychology (7th ed.). Pearson. - American Psychological Association. (2020). Publication Manual of the American Psychological Association (7th ed.). APA.		

**9. Corroborating the content of the discipline with the expectations of the epistemic community, professional associations and representative employers within the field of the program**

The course content aligns with European professional association recommendations across all branches of psychology. The third-year internship establishes prerequisites necessary for the psychologist profession as outlined by the Romanian College of Psychologists ([www.copsi.ro](http://www.copsi.ro)).

## 10. Evaluation

Activity type	10.1 Evaluation criteria	10.2 Evaluation methods	10.3 Percentage of final grade
10.4 Course	-	-	-
10.5 Seminar/laboratory	Understanding and practical application of general and specific conceptualization models in psychological intervention	Portfolio evaluation	100%
10.6 Minimum standard of performance			
To pass this course, the following conditions must be met simultaneously: - A minimum grade of 4.5 from the thesis supervisor - Submission of the practice portfolio by the official deadline, with all required documents signed by both the student and the supervisor - A final grade of at least 4.5 after portfolio evaluation			

## 11. Labels ODD (Sustainable Development Goals)

	Eticheta generală pentru Dezvoltare durabilă							
								

Date:  
29.09.2025

Signature of course coordinator

Lect. dr. Catalina Otoiu

Signature of seminar coordinator

Lect. dr. Catalina Otoiu

Date of approval:

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Signature of the head of department

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